



Sheen Therapy Centre

Your health, our profession

COVID-19 PRACTICE POLICY

We remain very conscious of minimising risk for both our patients and our practitioners therefore, will continue to have staggered appointments with our Osteopaths, Physical Therapist and Counsellors / Psychotherapists to avoid any overlap when entering and leaving the building as much as possible.

We want to support you in having an effective and safe experience whilst visiting the Centre, and although some of the measures set out below may seem frustrating and time consuming, they are necessary in ensuring yours and others safety.

For your safety and the safety of others we kindly request the following:

- Complete the form that is embedded in your booking confirmation (email) before you attend your appointment. If you haven't received it, please contact us.
- Cancel your appointment if you feel unwell, have a temperature or persistent cough, or have been in contact with someone suspected of having Covid-19.
- If you have been advised to stay "shielded" (due to underlying health issues) we cannot see you in clinic but can arrange a telephone appointment for you.
- Please only arrive at the time of your appointment and by yourself. The front door will be left ajar to be opened with your foot or body.
- There will be a table in the waiting area with hand sanitiser and face masks. Please sanitise your hands and then put on a face mask. **This is a requirement without exemption for anyone entering the building.** If you would prefer to wear your own mask this is permitted.
- Limit the number of items that you bring into clinic with you e.g. one small bag
- Please wear loose fitting clothing

As a Centre we will:

- Be wearing appropriate PPE as per guidelines, which could include masks and aprons.
- Be asking you to place your belongings in a plastic lidded box in the treatment room.
- Be having a gap between patients to perform cleaning and hygiene practices for the practice environment.

If you have any questions related to your appointment, our PPE measures or our Covid-19 Health and Safety procedures, please email zubin@sheentherapycentre.co.uk